



SLEEP POLICY

Statement of Principles

This policy sets out how we seek to provide and promote the welfare of children in our care in order to provide opportunities to rest or sleep if required.

Our Aims

- To adhere to the statutory framework for the Early Years Foundation Stage and The Children's Act 2006.
- To provide an environment to enable children to rest or sleep if required.
- To work in partnership with the child and parents according to the child's needs.

Our Practice

- We provide a quiet area in classroom 1 outside the office for children who need to sleep or relax.
- If a child needs to sleep we have a travel cot and/or sleeping mat.
- Each child has their own labelled bag of bedding.
- A member of staff will be in attendance at all times and a sleeping child will be frequently checked.
- When a child is put down to sleep the large "Child Asleep in Sleep Area" card will be put in the register so all staff are aware of sleeping children. This is returned once all children have returned to play.

Wrenthorpe Pre-School Parent Management Committee adopted this policy at its meeting:

Held on _____

Signed _____

Position _____

Date _____

Review date _____